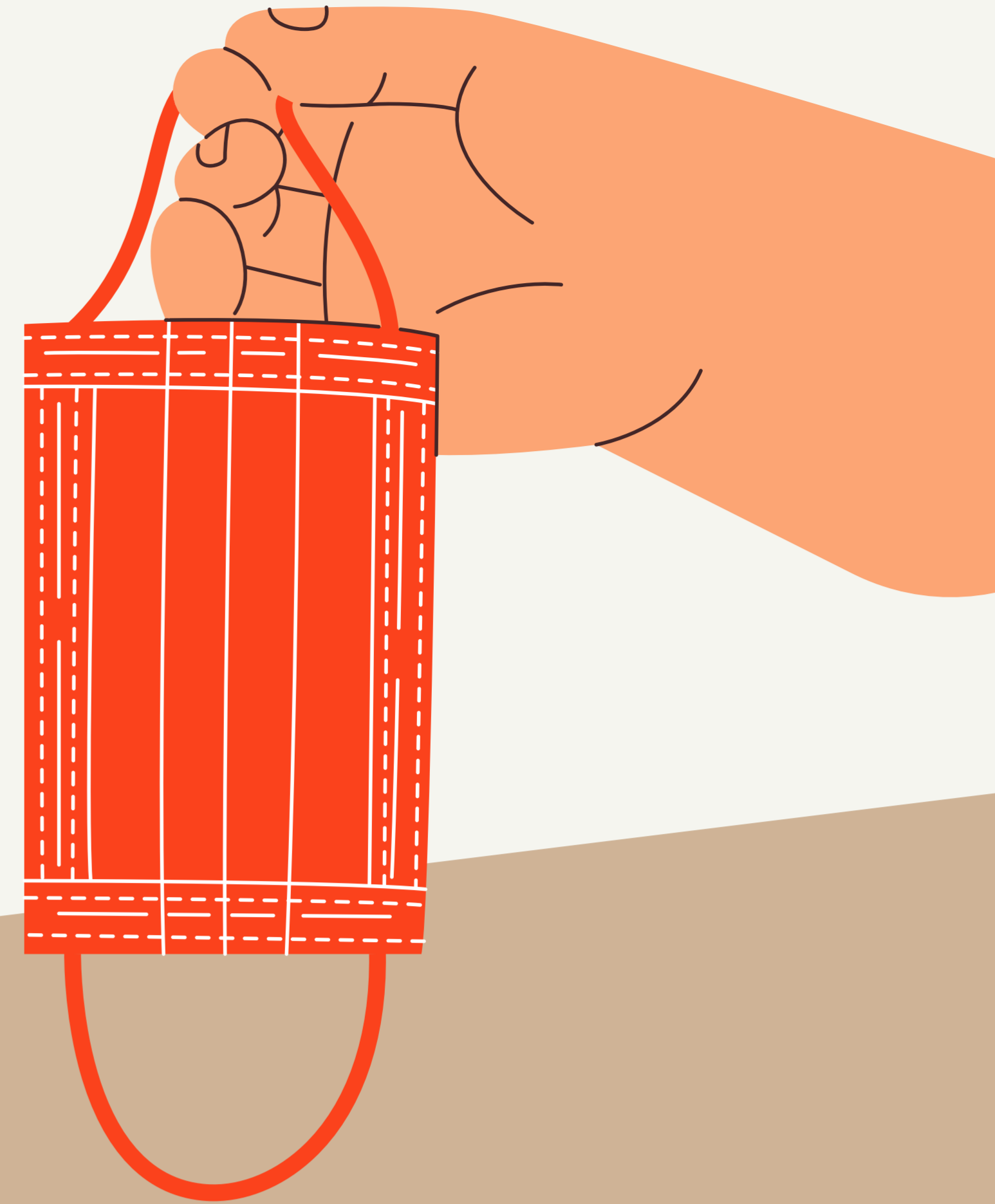


#nomasksinclass

Struggle in your mask?

Anyone can be EXEMPT*



Did you know ?

You have a **CHOICE** as to **whether you wear a mask in school or not.** You do **not** have to be **medically ill** to be **EXEMPT.** That's the **LAW.**



If you are experiencing..

1. **Panic, fear, anxiety, discomfort, breathlessness.** You are **EXEMPT**
2. **Headaches, dizziness, nausea, lack of concentration.** You are **EXEMPT**
3. **Obscured vision, difficulty hearing, skin irritation.** You are **EXEMPT**



That's me ! What should I do next ?

1. **Discuss your struggle** with parents or guardians. Don't be **afraid or let fear stand in your way.**
2. **Inform your head of year** that your name is now on the **EXEMPT list.**
3. **Discard your mask** in a closed bin. **Wear a lanyard.** Enjoy your **education.**

*EXEMPT MEANS FREE FROM THE RULE

